



2023 Sacramento History Day WINNERS REPORT



Elementary Group Podcast

Sacramento

Champion

16101

Levi Strauss: The Man, The Idea and The Company

Sacramento

Theodore Judah Elementary School

Folsom Cordova Unified School District

Teachers:

Jennifer Foster

Students:

- Edward Sharp
- Vedansh Shetty
- Samay Patel

Champion

16102

The Battles of Lexington and Concord

Sacramento

Theodore Judah Elementary School

Folsom Cordova Unified School District

Teachers:

Jennifer Foster

Students:

- Varun Kasturi
- Siddanth Saigiya



2023 Sacramento History Day WINNERS REPORT



Elementary Group Poster

Sacramento

Champion

10101

The Great Children's March

Sacramento
Theodore Judah Elementary School
Folsom Cordova Unified School District
Teachers:
Jennifer Foster

Students:
• Anjali Chaudhary
• Sarayu Gandlur

Champion

10111

John F. Kennedy: Frontier of Space and Technology

Sacramento
Theodore Judah Elementary School
Folsom Cordova USD
Teachers:
Maggie Itkoff

Students:
• Will Huang
• Rusham Punjani
• Jason Yang

Champion

10126

The Great Race of 1906: A Frontier in Automobile History

Sacramento
Theodore Judah Elementary School
Folsom Cordova USD
Teachers:
Maggie Itkoff

Students:
• Srihan Kongara
• Ishaan Sinha
• Rithvik Venkataramani

Champion

10128

Jackie Robinson

Sacramento
Theodore Judah Elementary School
Folsom Cordova USD
Teachers:
Maggie Itkoff

Students:
• Vibhav Mudunuri
• Arjun Namballa



2023 Sacramento History Day WINNERS REPORT



Elementary Group Poster

Sacramento

Runner-up

10114

The Revolutionary Pony Express

Sacramento

Theodore Judah Elementary School

Folsom Cordova Unified School District

Teachers:

Jennifer Foster

Students:

- Jesse Liang
- Aarav Loganathan
- Vahn Mok-Yee



2023 Sacramento History Day WINNERS REPORT



Elementary Individual Podcast

Sacramento

Champion

16001

Frontiers in History: The Wright Brothers - Pioneers in Aviation

Sacramento

Theodore Judah Elementary School

Folsom Cordova Unified School District

Teachers:

Jennifer Foster

Students:

• Arjun Anantaraman



2023 Sacramento History Day WINNERS REPORT



Elementary Individual Poster

Sacramento

Champion

10003

Dalip Singh Saund: A Champion for Citizenship

Sacramento
Theodore Judah Elementary School
Folsom Cordova Unified School District
Teachers:
Jennifer Foster

Students:
• Gursheen Shergill

Champion

10007

The Chinese Exclusion Act

Sacramento
Theodore Judah Elementary School
Folsom Cordova USD
Teachers:
Maggie Itkoff

Students:
• Aili Zhang

Champion

10006

Chien-Shiung Wu

Sacramento
Mary Deterding Elementary
San Juan Unified
Teachers:
Amber Bailey, Pam Hales, Renee Edwards

Students:
• Elizabeth Paik

Champion

10013

Grandmaster Kang: Bringing Taekwondo to Sacramento

Sacramento
Mary Deterding Elementary
San Juan Unified
Teachers:
Amber Bailey, Pam Hales, Renee Edwards

Students:
• Mags Phillips



2023 Sacramento History Day WINNERS REPORT



Elementary Individual Poster

Sacramento

Runner-up

10012

The Pony Express

Sacramento
Theodore Judah Elementary School
Folsom Cordova USD
Teachers:
Maggie Itkoff

Students:
• Ashmi Gupta



2023 Sacramento History Day WINNERS REPORT



Junior Group Documentary

Sacramento

Champion

21102

The Navajo Code Talkers: Frontier in Communication

Sacramento
Winston Churchill Middle School
San Juan Unified School District
Teachers:
Lyndsay Lewis, Joshua Buhs

Students:
• Colin Khasigian
• Declan McGrath

Champion

21104

Megan Rapinoe: A Soccer Hero

Sacramento
Winston Churchill Middle School
San Juan Unified School District
Teachers:
Lyndsay Lewis, Joshua Buhs

Students:
• Kelsey Toyias
• Abby Fusfeld

Champion

21101

How Sally Ride Rode Her Way into History

Sacramento
Winston Churchill Middle School
San Juan Unified School District
Teachers:
Lyndsay Lewis, Joshua Buhs

Students:
• Pratha Kamble
• Liv Toyias
• Ella Muro
• Danicka Bullock
• Kai Aikman

Runner-up

21103

History of Horror: How the Genre Has Evolved over the Years

Sacramento
Winston Churchill Middle School
San Juan Unified School District
Teachers:
Lyndsay Lewis, Joshua Buhs

Students:
• Sabrina Hu
• Maitreya Rae



2023 Sacramento History Day WINNERS REPORT



Junior Group Exhibit

Sacramento

Champion

22105

"Go For Broke": The 442nd Regimental Combat Team

Sacramento
Smythe Academy Middle School
Twin Rivers USD
Teachers:
Brandy Harris

Students:
• Hellyn Duong
• Anthony Johnson
• Jasmine Jackson

Champion

22107

Command Your Demand: Elizabeth Cady Stanton's Fight for Women's Suffrage

Sacramento
Winston Churchill Middle School
San Juan Unified School District
Teachers:
Lyndsay Lewis, Joshua Buhs

Students:
• Trisha Gandhi
• Taruni Konduri
• Srishma Popuri

Champion

22103

The Unknown Life Biddy Mason

Sacramento
Smythe Academy Middle School
Twin Rivers USD
Teachers:
Brandy Harris

Students:
• Lucia Barvosa Garcia
• Isabella Lopez Rodriguez
• Ziara Montgomery

Runner-up

22109

Subash Chandra Bose and the Fight for India's Independence

Sacramento
Winston Churchill Middle School
San Juan Unified School District
Teachers:
Lyndsay Lewis, Joshua Buhs

Students:
• Amogh Itagi
• Sudeep Suresh



2023 Sacramento History Day WINNERS REPORT



Junior Group Podcast

Sacramento

Champion

The Salem Witch Trials: The Shocking Breakdown and Backstory of the Trials that Took Place in 1692 Massachusetts

26101

Sacramento
Winston Churchill Middle School
San Juan Unified School District
Teachers:
Lyndsay Lewis, Joshua Buhs

Students:
• Shivani Gannavarapu
• Miah Karuzas



2023 Sacramento History Day WINNERS REPORT



Junior Group Website

Sacramento

Champion

The Moment LGBTQ Rights Changed Forever: The Stonewall Riot
1969

25101

Sacramento
Winston Churchill Middle School
San Juan Unified School District
Teachers:
Lyndsay Lewis, Joshua Buhs

Students:
• Ivana Garfias
• Fiona Funk



2023 Sacramento History Day WINNERS REPORT



Junior Historical Paper

Sacramento

Champion

When the Negro Was in Vogue: The Frontier of the Harlem Renaissance

23004

Sacramento
Folsom Middle School
Folsom Cordova Unified School District
Teachers:
Tristine Lorains

Students:
• Arnav Penmetcha

Champion

Mission to the Moon: the Final Frontier

23001

Sacramento
Visions in Education
San Juan Unified School District
Teachers:
Shan Pai, Christy Wegrecki

Students:
• Andrew Lin

Champion

Lewis and Clarke - Crossing Frontiers in History

23003

Sacramento
Folsom Middle School
Folsom Cordova Unified School District
Teachers:
Tristine Lorains

Students:
• Arjun Seshadri

Runner-up

God-Worshipping Communists: The Frontier Against the Last Chinese Dynasty

23002

Sacramento
Winston Churchill Middle School
San Juan Unified School District
Teachers:
Lyndsay Lewis, Joshua Buhs

Students:
• Noah Tsai



2023 Sacramento History Day WINNERS REPORT



Junior Individual Documentary

Sacramento

Champion

21001

Automobiles: The Devices that Changed History

Sacramento
Winston Churchill Middle School
San Juan Unified School District
Teachers:
Lyndsay Lewis, Joshua Buhs

Students:
• Medha Kotti

Champion

21002

Dwaraka: The Creation

Sacramento
Winston Churchill Middle School
San Juan Unified School District
Teachers:
Lyndsay Lewis, Joshua Buhs

Students:
• Ravikrishna Pothannagaari



2023 Sacramento History Day WINNERS REPORT



Junior Individual Exhibit

Sacramento

Champion

22009

Sewing a Revolution: The French Designer Who Broke the Rules

Sacramento
Winston Churchill Middle School
San Juan Unified School District
Teachers:
Lyndsay Lewis, Joshua Buhs

Students:
• Diana Zariv

Champion

22007

The Lewis and Clark Expedition

Sacramento
Winston Churchill Middle School
San Juan Unified School District
Teachers:
Lyndsay Lewis, Joshua Buhs

Students:
• Rishika Kongara

Champion

22005

The Russian Revolutions of 1917: The Socialist Frontier

Sacramento
Folsom Middle School
Folsom Cordova Unified School District
Teachers:
Tristine Lorains

Students:
• Jun Den Seng

Runner-up

22008

The Polio Vaccine: The Race Against Time

Sacramento
Sacramento Country Day School
Private
Teachers:
Christopher Arns

Students:
• Sophia Lee



2023 Sacramento History Day WINNERS REPORT



Senior Group Documentary

Sacramento

Champion

31102

The Moving Pictures of Us: Asian American Representation in Film

Sacramento
Cosumnes Oaks High School

EGUSD

Teachers:
Jordan Dietrich

Students:

- Valerie Ha
- Jason Li
- Andy Ng
- Kaitlyn Muring

Champion

31103

Vivien Thomas : How Black, White, and Blue initiated a New Era of Cardiac Surgery and Established African Americans in Medicine

Sacramento
Rio Americano High School
San Juan Unified School District

Teachers:
Kaser Winn

Students:

- Kaser Winn
- Naya Winn

Champion

31105

Victory on Two Fronts: The Tuskegee Airmens' Fight Against Racism and Facism

Sacramento
Sacramento Country Day School
Private

Teachers:
Christopher Arns

Students:

- Rehan Afzal
- Gavin Wang

Runner-up

31101

The Frontier of Electrical Computing

Sacramento
Sacramento Country Day School
Private

Teachers:
Christopher Arns

Students:

- Jaq Howes
- Jackson Burton
- Sanjay Brink



2023 Sacramento History Day WINNERS REPORT



Senior Group Exhibit

Sacramento

Champion

32102

The End of Agony: Anesthesia

Sacramento
Monterey Trail High School
Elk Grove Unified
Teachers:
Mary Poe

Students:
• Mikayla Pham
• Shelly Tran

Champion

32101

Tu YouYou's Contribution: Breakthrough Malaria Studies

Sacramento
Cosumnes Oaks High School
EGUSD
Teachers:
Jordan Dietrich

Students:
• Jasmine Li
• Justine Li

Champion

32104

Youthquake: Out with the Old, In with the Mini Skirt

Sacramento
Mira Loma High School
San Juan Unified School District
Teachers:
Audrey Cornelison

Students:
• Mina Hedglin
• Maya Tokuhama
• Sophia Lane
• Emma Pham-Tran

Runner-up

32103

The Threat of Alien and Sedition Acts on Society

Sacramento
Monterey Trail High School
Elk Grove Unified
Teachers:
Mary Poe

Students:
• Anatolia Battiste
• Fatima Siddique



2023 Sacramento History Day WINNERS REPORT



Senior Group Podcast

Sacramento

Champion

The Chernobyl Atomic Energy Station : New Frontiers in Nuclear Safety following the Chernobyl Power Disaster

36101

Sacramento
Rio Americano High School
San Juan Unified School District
Teachers:
Kaser Winn

Students:
• Dillon Kienle
• Matteo Reyes
• Dominic Reyes



2023 Sacramento History Day WINNERS REPORT



Senior Group Website

Sacramento

Champion

35101

A Brave New World: An Exploration of Modern Cloning

Sacramento

Mira Loma High School

San Juan Unified School District

Teachers:

[Audrey Cornelison](#)

Students:

- [Katherine Carroll](#)
 - [Angel Binuya](#)
-



2023 Sacramento History Day WINNERS REPORT



Senior Historical Paper

Sacramento

Champion

Madame Chien-Shiung Wu: The “First Lady of Physics” Who Revolutionized Modern Science

33001

Sacramento
Vista del Lago High School
Folsom Cordova Unified School District
Teachers:
Kelly Baquero

Students:
• Jovia Low

Champion

Las Mariposas: Catalyzing Feminist Resistance Under Severe Oppression

33004

Sacramento
Vista del Lago High School
Folsom Cordova Unified School District
Teachers:
Kelly Baquero

Students:
• Erinna Lam

Champion

Vincent Chin: How A Hate Crime Unified Asian American Activists Across the Nation

33005

Sacramento
Mira Loma High School
San Juan Unified School District
Teachers:
Audrey Cornelison

Students:
• Emily Phan

Runner-up

Frontiers in History: The Indian War of Independence, 1857

33002

Sacramento
Vista del Lago High School
Folsom Cordova Unified School District
Teachers:
Kelly Baquero

Students:
• Alekhya Nallagangu



2023 Sacramento History Day WINNERS REPORT



Senior Individual Documentary

Sacramento

Champion

31002

[Katherine Dunham: Expanding the Frontiers of Dance](#)

Sacramento
Sacramento Country Day School

Private

Teachers:
[Christopher Arns](#)

Students:
• [Ava Levermore](#)

Champion

31003

[The De Havilland Comet, Defining the Word Efficiency](#)

Sacramento
Cordova High School
Folsom Cordova Unified School District

Teachers:
[Melissa Lawson](#)

Students:
• [Gregory Rubio](#)

Champion

31001

[The Autopsy That Changed The World](#)

Sacramento
Sacramento Country Day School

Private

Teachers:
[Christopher Arns](#)

Students:
• [Ashly Omalu](#)

Runner-up

31005

[Hawai'i: An American Frontier](#)

Sacramento
Rio Americano High School
San Juan Unified School District

Teachers:
[Kaser Winn](#)

Students:
• [Vedha Gokul](#)



2023 Sacramento History Day WINNERS REPORT



Senior Individual Exhibit

Sacramento

Champion

32008

The Minds Behind the Blue Baby Operation

Sacramento
Sacramento Country Day School

Private

Teachers:
Christopher Arns

Students:
• Zema Nasirov

Champion

32007

Doctor-Assisted Suicide: Right to Die?

Sacramento
Sacramento Country Day School

Private

Teachers:
Christopher Arns

Students:
• Grace Mahan

Champion

32006

The Bloodshed of the Borderline

Sacramento
Monterey Trail High School

Elk Grove Unified

Teachers:
Mary Poe

Students:
• Abdul Nabizada

Runner-up

32003

Redefining the Frontiers of Science: Marie Curie

Sacramento
Vista del Lago High School
Folsom Cordova Unified School District

Teachers:
Kelly Baquero

Students:
• Janya Sinha



2023 Sacramento History Day WINNERS REPORT



Senior Individual Website

Sacramento

Champion

35004

Xenophobia and Its History in the United States

Sacramento
Monterey Trail High School
Elk Grove Unified
Teachers:
Mary Poe

Students:
• Diamond Truong

Champion

35003

The Development of Stem Cells: From Then to Now and Later

Sacramento
Sacramento Country Day School
Private
Teachers:
Christopher Arns

Students:
• Rebecca Lin

Champion

35002

Vaccines and the Fight for Immunity

Sacramento
Sacramento Country Day School
Private
Teachers:
Christopher Arns

Students:
• Madeline Inman

Runner-up

35001

The Manhattan Project: From Beginning to End

Sacramento
Sacramento Country Day School
Private
Teachers:
Christopher Arns

Students:
• Andrew Logan



2023 Sacramento History Day WINNERS REPORT



Senior Group Exhibit

El Dorado



2023 Sacramento History Day WINNERS REPORT



Senior Group Exhibit

El Dorado

Champion

32108

The Space Race: A Technological Frontier

El Dorado
South Tahoe High School
Lake Tahoe Unified School District
Teachers:
Daniel Tirre

Students:
• Abigail Sandorff
• Makara Steves
• Sadie Beall



2023 Sacramento History Day WINNERS REPORT



Senior Individual Documentary

El Dorado

Champion

31007

The Women and Queens of the Gay Liberation Movement

El Dorado
South Tahoe High School

Lake Tahoe Unified School District

Teachers:
Daniel Tirre

Students:
• Neo Harness

Champion

31006

Korean Student Protests: New Frontiers in South Korean Democracy

El Dorado
South Tahoe High School

Lake Tahoe Unified School District

Teachers:
Daniel Tirre

Students:
• Owen Ures



2023 Sacramento History Day WINNERS REPORT



Senior Individual Exhibit

El Dorado

Champion

Women trade Husbands for Hammers: How Women's role in WWII Revolutionized Female Gender Norms

32011

El Dorado
South Tahoe High School
Lake Tahoe Unified School District
Teachers:
Daniel Tirre

Students:
• Eva Moyer-Pirie

Champion

Devastation or Salvation: The Manhattan Project

32012

El Dorado
South Tahoe High School
Lake Tahoe Unified School District
Teachers:
Daniel Tirre

Students:
• Sadie Laster

Champion

Conquering Empires: The Fall of Tenochtitlan.

32014

El Dorado
South Tahoe High School
Lake Tahoe Unified School District
Teachers:
Daniel Tirre

Students:
• Emily Banks

Runner-up

Cartoon Characters and their influence on WWII Propaganda

32013

El Dorado
South Tahoe High School
Lake Tahoe Unified School District
Teachers:
Daniel Tirre

Students:
• Maia Edmonds